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From the Chairman & the Director

An unexpected delight in 2014 was the Andrology Australia 2014 Forum, which we held in June. Of course, the Forum itself was not unexpected—we had already identified that the time was right for Andrology Australia to host another Forum for the wider men’s health network, and we had been planning for over 12 months. The pleasant surprise was the overwhelmingly positive response from the delegates. There was a great sense of collaboration and collegiality among all who made the trip to Launceston. Continuing calls were again made to host the Forum every two years.

The Forum theme, ‘Health for the modern man’, was intended to refocus attention on the health issues faced by younger men. This clearly struck a chord with the delegates, and the discussions that ensued gave us much to consider in planning to address male health needs as the 21st Century progresses.


As part of Andrology Australia’s mission to enhance current and future workforce capacity in male reproductive health, work continued on improving the quality of Australian medical undergraduate education in male health. The Andrology Australia team continued development of flexible curriculum and training frameworks for medical students. By year’s end, all universities participating in the Medical Curriculum Working Group confirmed that they would participate in the pilot implementation of the Male Health Medical School Curriculum Framework. This is vital work which, over the coming years and decades, will set Australia on course for developing medical practitioners who have sound knowledge of male-specific health issues.

The work of our longest established working group, the Aboriginal and Torres Strait Islander Male Health Reference Group, continues to fill a gap in provision of Indigenous male health resources. In the second half of the year, we were pleased to release a new clinical summary guide for health professionals **Engaging Aboriginal and Torres Strait Islander men in primary care settings**. This important guide adds to Andrology Australia’s contribution to the national effort to close the gap in Indigenous male health, and builds on knowledge gained through the development of our men’s health DVD ‘A lot of Aboriginal men sort of keep it to themselves’.

We thank those generous men and women who have kindly given donations to the program over 2014. In particular, we acknowledge two significant corporate donations that have allowed work that would otherwise be difficult to support. We are pleased to announce that the student who was awarded the Indigenous PhD scholarship, made possible by the generous donation by the Men of Malvern in 2013, commenced study at James Cook University in 2014. Similarly, the Australian Fertility Medicine Foundation made a generous donation for a pilot study that will commence in 2015 to better understand young men’s fertility knowledge. The additional support provided by such generous gifts allows Andrology Australia to extend its capability and further enhance awareness and education of male reproductive health in Australia.

We also recognise the long service of two Board members who retired in 2014, A/Professor Mark Frydenberg and A/Professor Noel Hayman who have both had various roles with Andrology Australia since its inception. Mark was on the foundation Board in 2000 and Noel joined the Board in 2003. We thank both Mark and Noel for their commitment and contributions over their many years of service.

Finally, we thank the Australian Government Department of Health for its commitment to men’s health in Australia. The continued support of the Andrology Australia program helps ensure that men, their families and health professionals have continued access to evidence-based education and training about male reproductive health disorders and associated conditions.


Professor Robert I McLachlan,
Director


Mr David Crawford AO,
Chairman

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Health for the modern man



Health for the modern man

The Andrology Australia 2014 Forum

A focus on men's health was reinvigorated with the launch of the 2010 National Men's Health Policy. However, new health issues continue to emerge with a need to remain vigilant in addressing areas of identified need. In particular, health issues facing younger males have become the focus of media attention and community concern in recent years.

Recognising the changing environment, in 2014 we convened another Andrology Australia Forum with the wider men's health network to maintain focus on the new challenges facing those working in men's health.

The theme of the Forum was 'Health for the modern man', to foster discussions on the contemporary issues facing Australian men, with a particular focus on younger males.

The weekend began in Launceston on the afternoon of Friday 13 June, with a pre-Forum workshop for GPs and other health professionals that focussed on some of the more controversial areas of men's health facing GPs in clinical practice – including testosterone treatment in older men and PSA testing.

The Forum itself opened on the Saturday, with about 100 delegates in attendance from across Australia, representing a range of professional backgrounds and organisations. A live web stream was also available for remote viewers who signed up to a special 'hybrid' registration.

Adam Thompson from the Tasmanian Aboriginal Centre gave the Welcome to Country in Palawa Kani, and reminded delegates that health is not just physical, but also includes emotional and spiritual wellbeing. The theme continued throughout the meeting. The Hon. Michael Ferguson MP, Tasmanian Minister for Health, gave a warm opening address, announcing continued support for men's sheds in the State.

Associate Professor Peter Brukner OAM, gave the keynote address. With a long involvement in elite sports including AFL, soccer, the Olympic Games, and the Australian Cricket Team, Peter provided a unique insight into the highs and lows of elite sports performance. Gavin Croisica, former AFL player, then gave a courageous account of his personal struggle with drug and alcohol addiction, and put into perspective the pressures that young males often contend with when they are not in a position to share their emotions.



the development of effective interventions that all types of men could relate to.

Lively discussion, interaction and practical tips were the themes at both the afternoon breakout sessions: critical analysis of the evidence and a social media workshop.

From a different perspective, Associate Professor Sanjiva Wijesinha delighted the audience during the roundtable session when recounting a six-week walk with his son on the Camino de Santiago – the father-son bond was one of the many highlights of the walk.

The day closed with dinner and another insight into the world of elite athletes: this time with the entertaining talk by Ian Chesterman, Chef de Mission at the last five Winter Olympic Games, where 'risk-taking' is taken to the extreme.

Day two began as day one had left off: a beautiful sunny morning again welcomed delegates to Launceston. Clinical and research experts highlighted the changing evidence-base in men's health which heralded some cautions in testosterone prescribing in older men, exciting developments in the management of prostate cancer, strategies for improving health service access for Indigenous patients, and the challenges in implementing longitudinal studies in men's health. A key session theme across each presentation was the need to build the evidence-base to ensure best practice and effective policy interventions.

The Forum closed with an insightful look into the world and perspectives of males from Baby Boomer and Generation Y generations.

The number of contemporary issues presented that affect men, particularly young men, led to much discussion among delegates and speakers. Many delegates agreed that it was one of the best meetings they had attended in recent years, with opportunities to apply many of their learnings in their routine practice.

Andrology Australia acknowledges all the sponsors for their support in being able to convene the Forum and thanks the speakers, organisers and delegates for making it such a success. We look forward to planning the 2016 Forum.

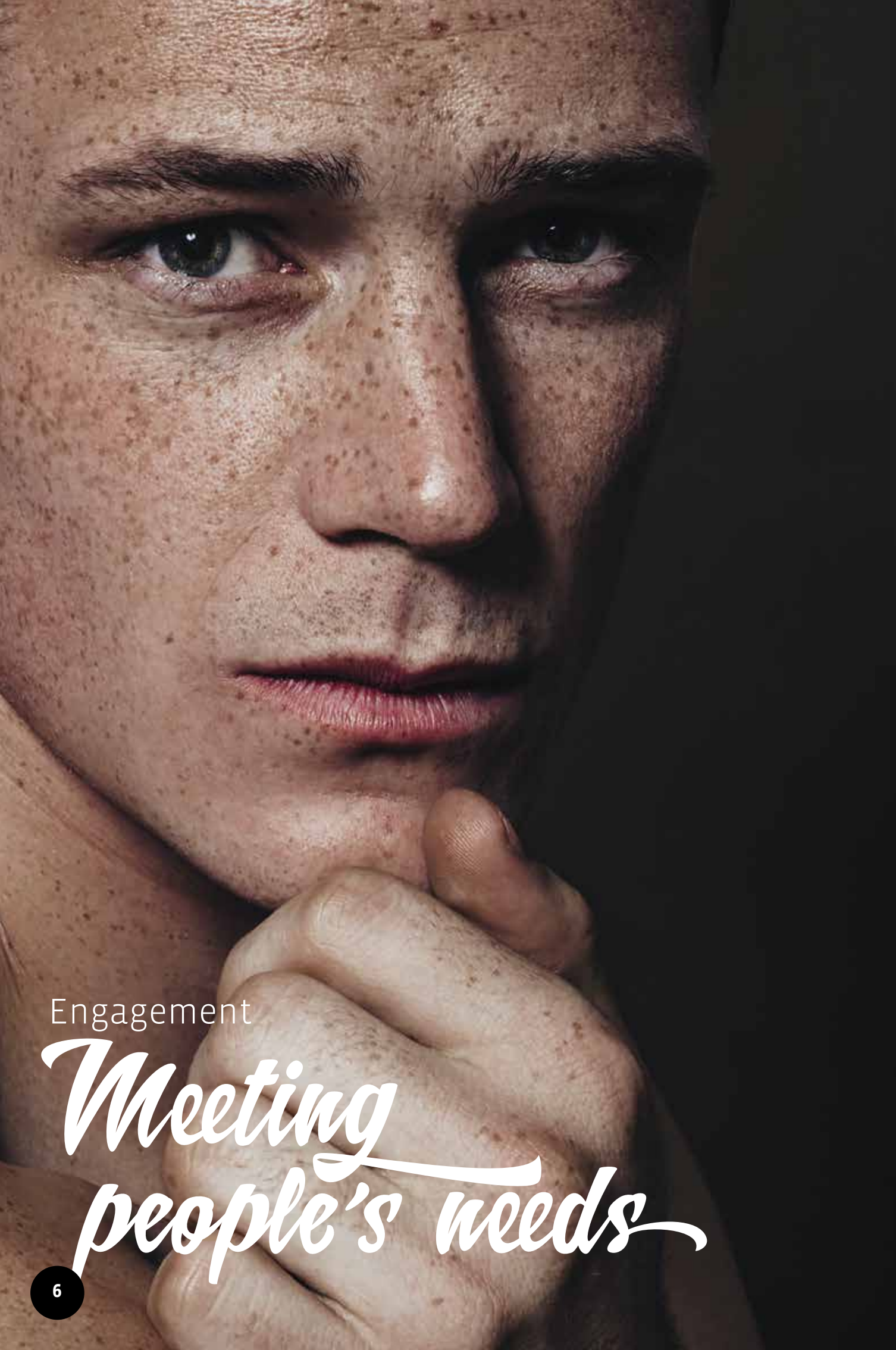
SPONSORED BY



Highlighting contemporary issues facing younger men, other presentations covered topics such as muscle dysmorphia and postnatal depression in new fathers, issues that are often absent from health services and research agendas. The lack of sexual health knowledge of young males was also discussed in the context of barriers to discussions with health professionals. The concept of 'men's health' itself was presented as another barrier to

Dr Carol Holden
Chief Executive Officer





Engagement

Meeting people's needs

There are many barriers to men seeking help when they have a health concern. There may be embarrassment because asking for help is sometimes seen as a sign of weakness or loss of 'control'. Men who aren't aware or lack the knowledge may underestimate the significance of their symptoms, and it's pretty much a given that blokes are uncomfortable in the health setting.

But men are interested in their health (that's certainly true of the men that I come into contact with each day) and it is becoming more common for people to investigate their symptoms before seeking expert advice. It seems that most people look to the Internet for health information nowadays.

Andrology Australia is one of the few reliable sources that men can turn to for information about their reproductive health. A small downside of being a leader in men's health is that our information service is sometimes mistaken for a clinical service, with men often contacting us to make an appointment with an andrologist.

For most men, our unbiased evidence-based information is just what they need to fill their knowledge gap. Of the 150 orders for printed resources that we process each month, about 20 per cent are placed by individual men themselves seeking information about their diagnosed conditions or simply looking to learn more about their bodies.

All of our printed informational resources (plus quite a few more that aren't in print) are also available online, in the 'Your Health' section of our website (www.andrologyaustralia.org/your-health/). This is great for men who may be reluctant to discuss their health over the phone. The Andrology Australia website provides instant and anonymous access to quality information, at a time and place that's convenient for men. The 'Your Health' topics were viewed or downloaded 440,000 times in 2014.

But what happens when that's not enough? How to help men who have specific or detailed questions that need an expert's advice?

The first step is to check with a general practitioner (GP) – either the GP will work with you to help resolve your health issues or if you need a specialist's advice, the GP can provide a referral (remember you will need a valid referral from a GP to obtain the Medicare rebate from a specialist consultation).

We are often surprised about the number of calls we receive from men who don't have a GP. Some men don't have a GP and don't know where to start when looking for a doctor. In this case, there's nothing wrong with asking family members, friends, or workmates to recommend a good and trusted GP.

This year we added a handy search tool to our 'Find a doctor' web page (www.andrologyaustralia.org/find-a-doctor/). Using data from the National Health Services Directory at Healthdirect Australia, the search tool can be used to look for the right kind of doctor, with the right kind of skills and interests, in a man's local area.

The two common medical specialties that deal with men's reproductive health are endocrinology (dealing with problems of the endocrine system – hormones and body functions controlled by hormones) and urology

(dealing with the urinary tract in men and women, and the genital organs in men). The GP will refer to the right type of specialist.

Before seeing the specialist, men often want to do a little research or check out their options. The Endocrine Society of Australia (www.endocrinesociety.org.au) and The Urological Society of Australia and New Zealand (www.usanz.org.au) both have great search tools on their websites.

Chesley Campbell-Juresko
Administrative Assistant



ADMINISTRATIVE STATS

Number of calls taken	900
Number of email enquiries	2100
Number of orders	1650
Visits to "Find a doctor" web page	2700

WHAT
EVERY MAN
NEEDS TO
KNOW

Tips on health & wellbeing



Watch your booze and drugs intake

Drug and alcohol abuse is a major factor in many hospital admissions and early deaths. Substance abuse and addiction often have impacts beyond the health and wellbeing of the individual, with family relationships and workplace performance likely to be affected.

Anxiety and depression are not weaknesses

Mental health problems are another leading cause of hospital admissions and death, with men much more likely to suicide than women. As beyondblue says, depression and anxiety are illnesses, not weaknesses, and effective treatments are available.

Cut the smokes

It's not news: smoking causes a wide range of health problems, lowers quality of life, and reduces life expectancy. Quitting smoking is hard, but the health benefits are enormous.

Beware the bulge

The link between type 2 diabetes and being overweight or obese is pretty clear. The good news is that even a small amount of weight loss starts to improve health outcomes.

Build your 'health superannuation'

The superannuation you save throughout your working life helps to set you up for a secure retirement. In the same way, you can set yourself up for a healthy retirement by paying into your 'health superannuation' – it's never too late to start building the foundations of good health into middle-age and beyond by developing healthy habits.

Get active

We all sit too much – more than half of Australian adults are not active enough. Get your body moving, make your breathing become quicker and your heart beat faster. Physical activity can be in many different forms and at different levels of intensity, and for best results it should be spread out across as many days as possible every week.

Healthy heart, healthy erection

It's kind of obvious when you think about it: strong blood flow is critical to a strong, healthy erection. An unhealthy blood supply is one of the leading causes of erectile dysfunction, and erectile dysfunction can be an early warning sign for future heart disease.

Get to know your nuts

The size of your testes (that's your balls) can be related to your ability to produce sperm and testosterone – but men often don't know what's 'normal'. And what about any lumps or bumps that may appear in your testes? Maybe they're harmless, maybe they're not but you won't know about them unless you check your testes.

Know your health inheritance

Many health problems that your parents or siblings have had are indicators to your possible health future. Life back in the womb can also influence your adult health. So if one or both of your parents are still around, ask them about their health history. If not, check what other relatives might know.

Find a GP, your 'friend who knows stuff'

It's not a bad idea to get online and find unbiased, evidence-based health information but always see your doctor about your specific concerns. Get to know your GP, and think of them as a 'friend who knows stuff'.

FOR MORE INFORMATION

Andrology Australia
1300 303 878
andrologyaustralia.org

Australian Drug Foundation
1300 85 85 84
adf.org.au

beyondblue
1300 22 4636
beyondblue.org.au

Cancer Council Australia
13 11 20
cancer.org.au

Diabetes Australia
1300 136 588
diabetesaustralia.com.au

Heart Foundation
1300 36 27 87
heartfoundation.org.au

Mensline
1300 78 99 78
mensline.org.au

Prostate Cancer
Foundation of Australia
1800 220 099
pcfa.org.au

Quitline
13 78 48
quitnow.gov.au

When can men talk about their genitals?



Andrology Australia has a broad range of ‘audiences’ that we need to inform and communicate with.

Most importantly, we need to reach out to Australia’s men and boys to help make them more knowledgeable about their own bodies and more able to ‘talk about their genitals’ with a qualified health professional when they have concerns.

We are also charged with the job of developing ‘workforce capacity’ in male reproductive health. In other words, we need to contribute to the education and training of current and future health professionals with respect to the diagnosis and management of male reproductive health disorders and associated conditions.

Policy-makers and stakeholders at other organisations are also in our scope, to make sure that evidence-based information is incorporated into policy and practice. And to contribute to the evidence-base in male reproductive health, we need to communicate, liaise and collaborate with researchers in the field.

So you can see that it’s a fundamental role of Andrology Australia to communicate to this variety of audiences in ways that are suitable and useful to each group.

The problem is that clinical information and research findings are often complex and even a bit cryptic to non-experts. The reality is that most research is not headline-grabbing ‘scientific breakthrough’ stuff, but is more like adding one more tile to a mosaic that eventually makes a meaningful picture.

Of course, we can’t assume that each member of an audience group has the same needs. While it’s a pretty safe bet that most GPs and health professionals are ‘time poor’ and simply want straightforward diagnostic and treatment guidelines, there are many who are deeply engaged and want to probe the evidence for themselves.

As with the health professions, many Australian men are also time poor, so it’s important that some of our information, such as our fact sheets, be packaged for easy and quick consumption. On the other hand, when a man is diagnosed with a specific reproductive health problem, he is likely to want to investigate it in detail, which is where our five detailed consumer guide books come in.

People have different levels of reading ability and language proficiency, so we look to alternative presentation formats for our material, such as e-books and video. People also have different levels of access to and interest in various communication channels, so we reach out across traditional media in print, radio and TV (whenever we can), as well as social media.

We rarely have the funds available to support a major publicity campaign, so much of our effort goes towards simply getting men’s and professionals’ attention, to make them aware of andrology issues in a crowded marketplace of ideas and issues.

When we have people’s attention and interest, we need to offer more to keep them engaged. For anyone interested in men’s health and wellbeing, there is our quarterly newsletter **The Healthy Male**. This has developed into a cumulative reference tool for male reproductive health. From its first issue, sent to 300 recipients in 2001, to our 50th issue in 2014, with over 16,000 copies circulated, **The Healthy Male** continues to flourish.

For health professionals and men’s health practitioners, our e-news bulletin **Male Briefs** goes out monthly. As the name suggests, **Male Briefs** is brief and to-the-point, highlighting the latest headlines in men’s health news and research.

Trevor Gosbell
PR & Communications Manager



WEBSITE TRAFFIC:
82%
ANNUAL INCREASE

TWITTER FOLLOWERS:
1300

YOUTUBE VIEWS:
16,500

MEDIA & SOCIAL MEDIA

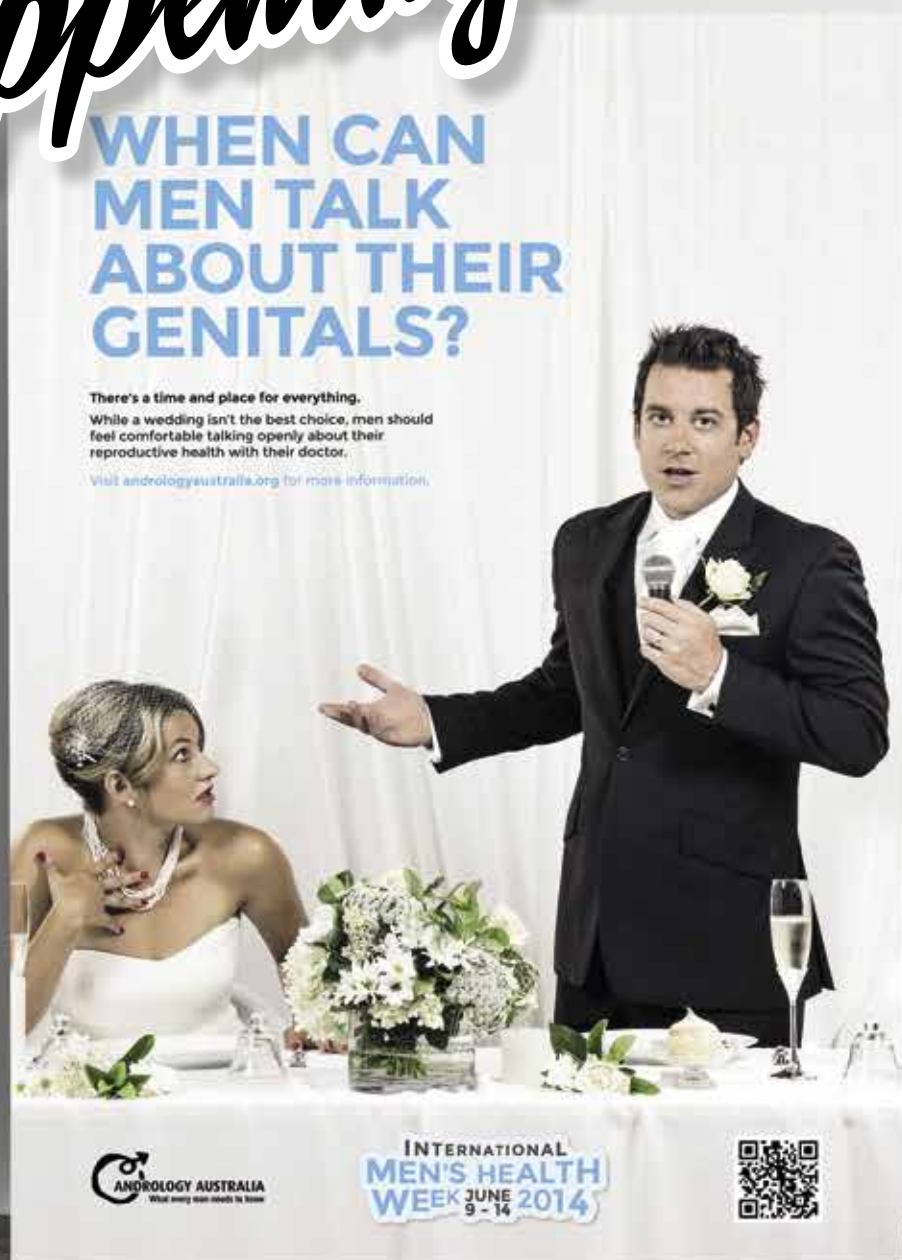
Andrology Australia continues to conduct targeted communication campaigns to help raise awareness of men’s health issues, and provide expert comment on stories related to male reproductive health.

During 2014, about 100 media items about Andrology Australia people and activities were published or broadcast.

Andrology Australia’s social media presence was launched in early 2011, with the aim of bringing more interested visitors to the quality, evidence-based resources on the Andrology Australia website.

In 2014 the @AndrologyAust Twitter account had a pleasing level of engagement (averaging more than two engagements per tweet). Videos on the Andrology Australia YouTube channel (www.youtube.com/AndrologyAust) continue to be popular. Our Facebook page (facebook.com/AndrologyAustralia) was reactivated toward the end of the year, and early signs are that this will significantly expand the audience for our awareness messages.

Supporting men's health happenings



WHEN CAN MEN TALK ABOUT THEIR GENITALS?

There's a time and place for everything. While a wedding isn't the best choice, men should feel comfortable talking openly about their reproductive health with their doctor. Visit andrologyaustralia.org for more information.

At Andrology Australia we have a mission to enhance the reproductive health of males across the country. We try to reach Australian men every way we can, the mainstream media and social media are helpful, but when it comes to health there is often no substitute for talking with men in person.

People are often surprised to find out how small the core team at Andrology Australia is; much as we'd love to go out and talk to every man ourselves, there simply aren't enough of us to go around! This is where we rely on community and workplace men's health events to share the message, and we do what we can to support those events by helping to make each one a success. We provided resources to support about 500 men's health events in 2014.

"Thank you so much for these invaluable resources. We would not have known where to start to raise awareness and now we do, thanks!"

"Very eye catching, attracting much attention and positive comment".

International Men's Health Week 9-15 June 2014

Andrology Australia has long been a supporter of International Men's Health Week, which comes around every year in the second week of June. Once again we added Men's Health Week themed information resources to our catalogue of resources to be given out at Men's Health Week activities/events and displays to promote key men's health messages. The theme of the resources in 2014 was 'When can men talk about their genitals?'

We provided 40,000 health promotion resources (posters and brochures) to about 600 organisations running men's health promotion events and displays during International Men's Health Week.

Feedback from organisers of International Men's Health Week activities showed that events and displays were held in a variety of settings, including local libraries, workplaces, community health services, and men's sheds. Almost half of these activities were held in rural or remote areas of the country. Our International Men's Health Week resources continue to rate highly, with many event organisers commending the resources for their quality and usefulness in promoting men's health messages.

Men's Health Education Kit

Another way of supporting men's health events and activities is through the Andrology Australia **Men's Health Education Kit**. The comprehensive kit continues to be a popular resource for those planning, running and evaluating a men's health event in their local community, with about 3500 kits being distributed to date.



Health promotion

Our brochure **A User's Guide: What every man needs to know** was redesigned in 2014 and remains a popular resource with about 293,000 guides distributed to date. The brochure is also available in 12 different languages that can be downloaded from the Andrology Australia website. To date, more than 36,000 hard copies of the male fertility booklet **Your sperm and how to look after them** have been distributed. The booklet was developed by Andrology Australia in conjunction with the Fertility Society of Australia and Access Australia.

In 2014, we distributed 17,500 copies (printed and online) of our consumer guides. We have five guides that support men and their families affected by specific male reproductive health disorders. All five titles are now available as e-books, see: andrologyaustralia.org/booklets/

Clinical resources

Our 12 clinical summary guides, on the diagnosis and management of male sexual and reproductive health conditions, support GPs and other primary health care professionals. They are easy-to-use reference tools to help with managing male patients. Clinical summary guides were downloaded over 6000 times in 2014.

The orchidometer is a medical device for qualified health professionals to measure testis size in the clinical setting. Available for purchase on the Andrology Australia website, they are also offered free of charge to GPs residing in Australia who complete one of our Active Learning Modules. More than 1200 orchidometers have been distributed to date.

The resources catalogue

Our resources catalogue can be viewed online at andrologyaustralia.org/order-resources/ and most resources can also be downloaded from the website.

Taletha Rizio
Education Liaison Officer



MAKING SENSE OF THE EVIDENCE

Making sense of scientific evidence for presentation through a range of communication formats ensures that a broader audience has access to high quality and unbiased information. Our approach is to publish evidence based resources, targeted to specific audiences.

In recent years, the number and breadth of the resources produced by Andrology Australia has increased dramatically, and now includes 30 fact sheet topics, five consumer guide booklets, several position statements, a series of 12 clinical summary guides for health professionals, online education modules, and other one-off resources, all of which need regular review. All of these resources play a vital role in knowledge translation—reviewing and evaluating the scientific evidence, then making it useful for our various readers.

Each one of these resources is the result of an extensive process of analysis, development, expert review, and editing. Behind the scenes a group of committed men's health experts works with Andrology Australia to ensure that the scientific and clinical content of all our resources remains current, evidence-based and reflects best practice.

In 2012, faced with the workload of supporting a growing catalogue of resources, we began to streamline our review process and expand our pool of expert reviewers. By setting up the Andrology Australia Editorial Committee.

The Committee comprises experts from across the country to oversee and facilitate the development and review of information resources. All of our reviewers are busy health professionals undertaking this work in addition to their clinical practice and research, so it is important for the Committee to manage this workload carefully. Committee members identify the most appropriate reviewers, so as to spread the load while maintaining the highest professional standards.

It was a busy year in 2014. We have reviewed more than half of all our fact sheets, and produced two new fact sheets—one on **Lower Urinary Tract Symptoms (LUTS)** and one on **Semen Analysis**. We released updated editions of three of our consumer guide booklets, **Erectile Dysfunction**, **Male Infertility**, and **Testicular Cancer**, and all five titles in the series are now available as e-books.

We updated the full series of clinical summary guides, including producing a new one, **Engaging Aboriginal and Torres Strait Islander men in primary care settings**. With the expert input of several Board members and the Editorial Committee, we produced a comprehensive summary document on PSA testing guidelines to help doctors make sense of the often conflicting advice offered in an overwhelming number of guidelines from various professional organisations.

We are most grateful for the commitment and generosity of the Committee members and the other reviewers who have worked with us in 2014.

Dr Veronica Collins
Scientific Writer



Research bites

Not only does Andrology Australia review the evidence base, but we also directly contribute through original research and best practice reports published in the peer-reviewed scientific literature and presented at professional conferences.

On a shorter timeline, we also publish monthly research reviews to the website. These are intended as timely research updates for health professionals, but we have found that they also provide easily digested summaries of current and relevant research to an increasingly well-informed general public. Kate Young, our Scientific Reviewer, and I keep tabs on the key scientific journals for relevant research findings, aiming to support an evidence-based approach to the diagnosis and management of men's health problems. In 2014 we posted 19 research reviews, nearly double our yearly target.



Professor Rob McLachlan, Director of Andrology Australia and Head of the Clinical Andrology Laboratory at MIMR-PHI Institute of Medical Research, is the 2014 Hoffenberg International Medalist in recognition for his outstanding contribution to the field of endocrinology.

The Medal is awarded each year by the Society for Endocrinology:

“to an endocrinologist from outside the UK judged to have made significant contributions to the discipline. The award promotes international collaboration between endocrinologists.”

Rob travelled to England in March to deliver the Hoffenberg International Medal Lecture at the Society for Endocrinology BES 2014 meeting, on the topic Male fertility regulation: achievements and frustrations.

Editorial Committee

Dr Veronica Collins, Andrology Australia, Vic.
Mr Jeremy Grummet, Alfred Health and Monash University, Vic.
Professor David Handelsman, ANZAC Research Institute, Concord Hospital, and the University of Sydney, NSW.
A/Professor Doug Lording, Cabrini Health, Vic.
Dr Michael Lowy, Sydney Centre for Men's Health, NSW.
Professor Rob McLachlan (Chair), Andrology Australia and MIMR-PHI Institute of Medical Research, Vic.
A/Professor Peter Royce, Alfred Health and Monash University, Vic.
Professor Gary Wittert, Department of Medicine, University of Adelaide, SA.

Research Advisory Group

Dr Jill Blackman, Monash University, Vic.
Dr Veronica Collins, Andrology Australia, Vic.
Professor Robert Cumming, Centre for Education & Research on Ageing, Concord Hospital, University of Sydney, NSW (retired 2014).
Professor David de Kretser, Monash University, Vic.
Professor David Handelsman (Co-Chair), ANZAC Research Institute, Concord Hospital, and the University of Sydney, NSW.
Dr Carol Holden, Andrology Australia, Vic.
Professor Rob McLachlan (Co-Chair), Andrology Australia and MIMR-PHI Institute of Medical Research, Vic.
Emeritus Professor Marian Pitts, La Trobe University, Vic.
Professor Malcolm Sim, Monash University, Vic.
Professor Gary Wittert, Department of Medicine, University of Adelaide, SA.

PUBLICATIONS AND PRESENTATIONS

1. Allan CA, Collins VR, Frydenberg M, McLachlan RI, Matthiesson KL. Androgen Deprivation Therapy Complications. *Endocrine-Related Cancer* 2014; 21: T119-T129.
2. Allan CA, Collins VR, Frydenberg M, McLachlan RI, Matthiesson KL. Strategies for mitigating the complications of androgen deprivation therapy in men with prostate cancer, “Beyond the Abstract”. *UroToday* 2014; Online (5 Nov 2014).
3. Holden CA, Collins VR, Handelsman DJ, Jolley D, Pitts M. Healthy aging in a cross-sectional study of Australian men: what has sex got to do with it? *The Aging Male* 2014; 17: 25-29.
4. Sim I-W, McLachlan RI. Obesity: A growing issue for male fertility. *Medicine Today* 2014; 15: 49-53.
5. Tsey K, Chigeza P, Holden CA, Bulman J, Gruis H, Wenitong M. Evaluation of the pilot phase of an Aboriginal and Torres Strait Islander Male Health Module. *Australian Journal of Primary Health* 2014; 20: 56-61.
6. Wenitong M, Adams M, Holden CA. Engaging Aboriginal and Torres Strait Islander men in primary care settings. *Medical Journal of Australia* 2014; 200: 632-633.

CONFERENCE PRESENTATIONS 2014

INVITED SPEAKER – INTERNATIONAL CONFERENCE

1. McLachlan RI. Hoffenberg International Medal Lecture. Society for Endocrinology BES 2014 meeting. Liverpool, UK, March 2014.

INVITED SPEAKER – LOCAL CONFERENCE

2. Holden CA. Men's Health: What has Andrology got to do with it? Monash University SPHPM Seminar Series, Melbourne, June 2014.
3. Holden CA. Networks and context: Lessons from an analysis of the 2010 National Male Health policy. Deakin Public Health Policy Seminar: Does Men's Health Policy Deserve our Special Attention? Melbourne, June 2014.

OTHER CONFERENCE PRESENTATIONS

1. Collins VR, McLachlan R, Holden CA. Muddied waters: A review of PSA testing guidelines for population screening. Primary Health Care Research Conference, Canberra, July 2014.
2. Holden CA, Collins VR, Wenitong M, Adams M, on behalf of the Andrology Australia Aboriginal and Torres Strait Islander Male Health Reference Group. Engaging Aboriginal and Torres Strait Islander men in primary care settings. Alfred Research Week, the Alfred Hospital, Melbourne, October 2014.
3. Holden CA, Hammarberg K, Comoy C, Johnson L. Men's knowledge, attitudes and behaviours relating to fertility: a qualitative study. PHAA 2nd National Sexual & Reproductive Health Conference. Melbourne, November 2014.
4. Thomas WJ, Galdames V, Todaro P, Holden CA. Men's health education for GPs from culturally and linguistically diverse communities Alfred Research Week, the Alfred Hospital, Melbourne, October 2014.
5. Zosel R, Comoy C, Hammarberg K, Holden C, Robertson S, Deeks A, Johnson L. Fertility is ageist: insights from a national social marketing campaign. PHAA 2nd National Sexual & Reproductive Health Conference, Melbourne, November 2014.



Professional education

Being ready to meet the demands

Wendy Thomas
Education Liaison Officer



Professional education has always been an integral part of Andrology Australia’s program, with a particular focus on GP education. As community awareness on men’s health increases there is a potential increase in demand for appropriate health services, and GPs need to be equipped with the necessary skills to meet this demand. Our GP education initiatives aim to change medical practice, leading to improved patient care in male reproductive health.

Our education programs

While there is still a place for professional education that is delivered face-to-face, the widespread availability of powerful information and communication technologies makes it possible for education to be delivered online in a timely and efficient manner. We use digital technologies to offer a range of educational topics to a wider audience.

Currently we provide two interactive online Active Learning Modules (ALMs), to assist GPs in the diagnosis and management of various male reproductive health conditions: Older Men’s Health and Younger Men’s Health. These ALMs offer a straightforward way for GPs to complete learning activities at their own convenience, which is particularly valuable to rural and remote GPs who may have difficulty accessing education about these topics. In 2014, with the assistance of Monash University eSolutions, we moved to establish a new online platform to host our current and future online learning. As part of this process we began the extensive process of review and accreditation of new and existing educational assets for the current triennium (2014–2016). In addition, our health education DVD **A lot of Aboriginal men sort of keep it to themselves** continues to be a popular educational resource for GPs and other health professionals, with about 1000 copies now in circulation. The DVD was also prepared for online delivery.

Why do we accredit our courses?

Andrology Australia provides GP education accredited through both the Royal Australian College of General Practitioners (RACGP) and Australian College of Rural and Remote Medicine (ACRRM). This ensures we are recognised for the quality education and training we offer GPs to help them meet their continuing professional development (CPD) requirements. All registered medical practitioners engaged in any form of medical practice under Medical Board of Australia/AHPRA requirements are required to participate regularly in CPD that is relevant to their scope of practice in order to maintain, develop, update and enhance their knowledge, skills and performance to ensure that they deliver appropriate and safe care.

In addition, Andrology Australia provides Australian Primary Health Care Nurses Association (APNA) endorsement for activities designed for primary health care nurses to support their education needs and ensure these activities are of the high standard demanded by the profession. Nurses registered with the Nursing and Midwifery Board of Australia (National Board) are expected to do a minimum number of CPD hours directly relevant to the nurse’s context of practice.

Our GP Education Reference Group and Practice Nurse Men’s Health Education Reference Group ensures that education is applicable to clinical practice. These groups consist of dedicated primary health care professionals from across the country with an interest in men’s health, from whom we can seek advice on educational needs and review of content material. We thank the members of the working groups and other reviewers for their time and expertise.

GP Education Reference Group

- Dr Geoff Broomhall, GP, Vic.
- Dr Peter Burke, GP, WA.
- Dr Raie Goodwach, Psychosexual Therapist, Vic.
- Dr Rob King, GP, NSW.
- Ms Taletha Rizio, Andrology Australia, Vic.
- Dr Andrew Smith, GP, Vic.
- Ms Wendy Thomas, Andrology Australia, Vic.
- Dr Alan Wright (Chair), GP, WA.

Practice Nurse Men’s Health Education Reference Group

- Ms Chris Enright, Cancer Council Victoria, Vic.
- Ms Del Lovett, Vic.
- Ms Ruth Mursa, Kotara Family Practice, NSW.
- Professor Tony O’Brien, University of Newcastle, NSW.
- Ms Taletha Rizio, Andrology Australia, Vic.
- Ms Julie Twomey, Townsville-Mackay Medicare Local, Qld.
- Ms Wendy Thomas, Andrology Australia, Vic.

Sponsored events (with trade display)

- Foundation 49 Men’s Health GP Symposium, Melbourne, April 2014.

National Aboriginal & Torres Strait Islander Health Worker Association (NATSIHWA) Conference, Canberra, October 2014.

Trade displays

ACRRM and Rural Doctors Association of Australia (RDAA) Rural Medicine Australia Conference, Sydney, October 2014.

Australian Diabetes Society and Australian Diabetes Educators Association (ADS-ADEA) Conference, Melbourne, August 2014.

Australian Practice Nurses Association (APNA) Conference, Sydney, May 2014.

General Practitioner Conference and Exhibition (GPCE), Brisbane, September 2014.

Public Health Association of Australia (PHAA) 2nd National Sexual and Reproductive Health Conference, Melbourne, November 2014.

Medical curriculum

Training for tomorrow's doctors

When you think about the wide range of health problems that a general practitioner may face in any given day, it's not surprising that doctors may lack confidence in managing men's health, particularly sexual and reproductive health.

Over the last several years, a group of medical educators and content experts, led by Andrology Australia, has identified gaps in medical students' knowledge and clinical skills in men's health. We believe that improved training for both medical students and junior doctors could help to address this situation. Working in collaboration with experts from medical schools at Monash University, and the Universities of Tasmania, Adelaide, and Western Australia, we have developed a new men's health curriculum framework. The framework consists of a men's health curriculum, ten core modules and associated learning outcomes, with skill-based learning resources.

There are many pressures on medical schools to adapt their curricula to ensure that medical students are being trained as 'tomorrow's doctors', and this creates tension between the need for change and a complex, crowded curriculum. Our men's health curriculum framework is designed to be introduced into existing medical curricula as an 'enhancement' rather than a replacement or expansion.

Following an extensive evaluation with medical academics, curriculum developers, and students, we identified a number of barriers and enablers to integrating the male health framework into existing medical school curricula, which informed the development of an implementation plan. The participating medical schools and students were enthusiastic about a defined framework to enhance men's health learning, and all participating medical schools have agreed to participate in a pilot of the framework.

We are now seeking industry partners and funding in order to conduct the pilot in 2015 and implement the framework in the long term.

Chris Anderson
Senior Project Officer



The Medical Curriculum Working Group 2014

Mr Christopher Anderson, Andrology Australia, Vic.
Professor Ben Canny, Monash University, Vic.
Dr Veronica Collins, Andrology Australia, Vic.
Dr Carol Holden, Andrology Australia, Vic.
Professor Rob McLachlan (Chair), Andrology Australia and MIMR-PHI Institute of Medical Research, Vic.
Timothy Martin, Australian Medical Students Association, Vic.
A/Professor Elizabeth Molloy, Monash University, Vic.
Professor Richard Turner, University of Tasmania, Tas.
Professor Gary Wittert, University of Adelaide, SA.
Professor Bu Yeap, University of Western Australia and Fremantle Hospital, WA.

Trainees in 2014

ANDROLOGY



Stella Sarlos

I undertook a Bachelor of Science with Honours at the University of Melbourne, after which I commenced PhD research focussing on the vascular pathophysiology of diabetic eye disease. I also studied Medicine at the University of Melbourne and obtained both MBBS and PhD degrees in 2005. My clinical training from internship through to physician training was based at St Vincent's Hospital in Melbourne. I commenced advanced physician training in Endocrinology and Diabetes at St Vincent's, followed by Peninsula Health and for my final year I have been the Andrology Australia Fellow at MIMR-PHI (formerly Prince Henry's Institute), with additional general endocrine and diabetes exposure through the Departments of Endocrinology and Diabetes at Monash Health.

To complement my endocrinology training I wished to expand my knowledge and experience in reproductive endocrinology, however the clinical opportunities available to endocrine trainees are limited. A mentor had undertaken the Andrology Australia Fellowship a few years before me and had found it an enriching experience leading to an ongoing professional interest in the area. This encouraged me to pursue it for myself.

During this traineeship I have had exposure to unique aspects of clinical reproductive endocrinology and I feel privileged to have had supervisors who are superb teachers and clinicians with international recognition for their contributions to the field of andrology. One of the highlights of the fellowship has been observing Professor

Rob McLachlan's clinical approach to issues of male fertility and becoming more familiar with assisted reproductive technology. I have enjoyed working with A/Professor Carolyn Allan in the Andrology Clinic where both common and uncommon male endocrine disorders present for diagnosis and management. I have also attended the andrology laboratory, worked with fertility specialists and completed a literature review of in vitro fertilisation methods.

The traineeship has been an enriching clinical experience. I have gained insight and confidence in the clinical approach to men's endocrine and fertility health issues, as well as an ongoing interest in andrology and reproductive endocrinology.

I will continue as a consultant in the Andrology Clinic at MIMR-PHI, among other clinical endocrine and teaching commitments. My focus over the last few years has been on gaining clinical expertise. I am now also planning on pursuing my interest in research, with a project in the andrology field among my future endeavours.

Traineeship stats

Years program in operation: **8**

Trainees supported: **15***

Training sites: ANZAC Research Institute/ Department of Andrology, Concord Hospital (NSW) and MIMR-PHI Institute of Medical Research (Vic.)

* one trainee only in the first year of operation.

As part of our role to develop the medical workforce in men's health, since 2007 Andrology Australia has supported two endocrine trainees each year to undertake comprehensive training in male reproductive health. Trainees undertake a research project and reviews in andrology, and gain valuable exposure to clinical research and practice in male reproductive health. Here the two andrology trainees in 2014 reflect on their experiences.



Tim Middleton

I am a graduate of the University of Sydney having completed a Bachelor of Science degree in 2003 and an MBBS degree in 2007. My first research experience occurred at the undergraduate level during my science degree, in which I undertook an honours year in organic chemistry and worked on a project exploring the synthesis of analogues of an anti-tumour antibiotic called streptonigrin.

After graduation from university I completed internship and residency in Newcastle then moved back to Sydney to commence Basic Physician Training at Royal Prince Alfred Hospital. In 2012 I undertook a research project with the Diabetes Centre at Royal Prince Alfred Hospital. The project explored patient attitudes toward and patient utilisation of information technology in diabetes management. This research was presented in poster format at the Australian Diabetes Society annual conference in August 2012.

In 2013 I commenced advanced training in endocrinology at Concord Repatriation General Hospital and for the past two years I have been fortunate to work with and learn from many knowledgeable and accomplished endocrinologists.

The Endocrinology Department and the Andrology Department have a close working relationship at Concord and in 2013 I was fortunate to attend and participate in regular andrology clinics under the supervision of A/Professor Ann Conway and Dr Veena Jayadev. Having early exposure to andrology at Concord enabled me to extend my relationship with the department in 2014. Under the

guidance of Professor David Handelsman, I undertook a research project looking at the safety experience of testosterone undecanoate in clinical practice at Concord Hospital.

Working with Professor Handelsman, A/Professor Conway and Dr Jayadev in the Andrology Department at Concord has been a wonderful experience. They are excellent clinicians and I was able to gain many insights into andrology that I would have otherwise missed during my endocrine training. I particularly enjoyed working with Professor Handelsman on the research project looking at the safety experience of testosterone undecanoate. Presenting our findings (in poster format) at the Endocrine Society of Australia annual conference in Melbourne in August was a definite highlight.

I have really appreciated the opportunity to work in the field of andrology. As a result of my training in andrology I have been able to establish a framework to address common endocrinological issues facing men in the general population. My time working with Professor Handelsman in research has certainly improved my understanding of data handling and analysis. I also have a much better understanding of the process of preparing a manuscript for publication.

In 2015 I will be completing my final year of advanced training in endocrinology. I have decided to undertake an elective year focusing on a research project with the Diabetes Centre at Royal Prince Alfred Hospital. If all goes well this may act as a springboard into a PhD. Hopefully there will be an opportunity to explore areas at the interface of andrology and metabolic health in the near future.

More than reproductive health

Engaging Aboriginal & Torres Strait Islander men in their health

In terms of physical wellbeing, Aboriginal and Torres Strait Islander men are one of the most disadvantaged population groups in Australia. For example, heart disease in Aboriginal and Torres Strait Islander communities occurs in younger age groups than in non-Aboriginal and Torres Strait Islander Australians. Aboriginal and Torres Strait Islander men and women tend to die at much younger ages from circulatory disease compared to the general population.

Our Aboriginal and Torres Strait Islander Male Health Reference Group is Andrology Australia's longest-running working group, having been established in 2002 to advise on how best to make programs and activities relevant to the needs and aspirations of Aboriginal and Torres Strait Islander males. We identify community needs through consultation, and find the barriers that affect the way Indigenous males engage with the health system and access health services, particularly for more culturally sensitive health issues such as sexual and reproductive health.

Culturally inappropriate services, shame and lack of awareness are some of the barriers to help-seeking for men with reproductive health problems, and indeed with health problems in general.

To address these barriers, a major focus for the Reference Group has been to support health services and primary health care professionals with strategies to better engage

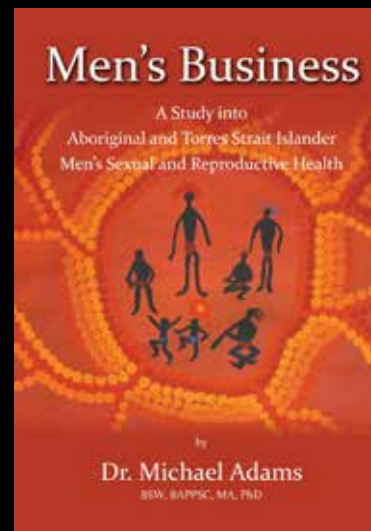
Aboriginal and Torres Strait Islander men, leading to practices that support positive help-seeking behaviours and accessing of health services.

The culmination of this work in 2014 was the publication of the **Clinical Summary Guide Engaging Aboriginal and Torres Strait Islander men in primary care settings**, the twelfth in Andrology Australia's series of guides for GPs and other health professionals.

To reach and engage men, to be able to discuss personal and sensitive health issues, and to allow for improved management for a range of more life-threatening health conditions, a greater focus on culturally appropriate health services is needed.

It is our hope that the Clinical Summary Guide and other existing resources (such as the Men's Health Education DVD **A lot of Aboriginal men sort of keep it to themselves**), as well as ongoing research, will contribute to wider implementation of culturally sensitive health service practices.

A/Professor Mark Wenitong
Chair, Aboriginal and Torres Strait
Islander Reference Group



Dr Mick Adams is a previous recipient of a PhD scholarship through Andrology Australia, and in 2014 he released a book based on his research: **Men's Business: A Study into Aboriginal and Torres Strait Islander Men's Sexual and Reproductive Health**. It is a unique book, and will be invaluable to health professionals and policy makers, addressing as it does a long-neglected and silent area of health and health policy.

Speaking at the launch in November, Dr Adams said, "We wanted men to feel comfortable to talk to doctors, we wanted doctors to be comfortable to talk to Aboriginal and Torres Strait Islander men about sexual and reproductive health. A lot of men were suffering in silence from this, but they weren't telling anyone about it. They were not knowing how to describe it or what to look for."

For copies of the book, contact Dr Adams via the Australian Institute of Aboriginal and Torres Strait Islander Studies (www.aiatsis.gov.au/research/adams.html).

Aboriginal and Torres Strait Islander Male Health Reference Group

Dr Mick Adams, Australian Institute of Aboriginal and Torres Strait Islander Studies, Qld.

Mr Jason Bonson, Men's Health Strategy Unit, Department of Health, NT.

A/Professor Noel Hayman, Inala Community Health Centre, Qld.

Mr Jack Bulman, Mimbinbah Limited, Vic.

Dr Chris Lawrence, The George Institute for Global Health, NSW.

Mr Dwayne Pearce Alice Springs Hospital, NT.

Dr Carol Holden, Andrology Australia, Vic.

A/Professor Mark Wenitong (Chair), Apunipma Cape York Health Council, Qld.



GIFT GIVING

Helping make ideas reality

Andrology Australia is supported by the Australian Government Department of Health – it’s what ‘keeps the lights on and the doors open’ – but with the increased need to expand our activities we are very thankful for the financial and in-kind contributions made by individuals, families, community groups and corporate organisations.

Donations have helped Andrology Australia enhance the reproductive health of Australian men. They have assisted to keep a number of our resources in print and our information line open—both very practical ways to show support. Our Men’s Health Education Kit, now a well-established and popular resource, would not have made it past the drawing board without significant additional funding to support its design and development.

Substantial donations have secured funding for us to offer research scholarships, including a pledge from the Men of Malvern (menofmalvern.com.au) to fund the current scholarship for a PhD student to investigate health service access for Aboriginal and Torres Strait Islander males.

There are many gaps in the knowledge about male health, and it is research that provides us with the information needed to better meet the health needs of Australian men and boys. We have many ideas for future research projects and health promotion campaigns, and these big ideas need partners who want to help us make them happen. For example, with support from and partnership with the Australian Fertility Medicine Foundation (AFMF) in 2015 we will be able to pilot a new research study aimed at addressing a significant gap in current scientific knowledge about male infertility.



A strategic partnership with Andrology Australia presents an opportunity for a company to identify itself with the men’s health cause and to differentiate its corporate brand from the competition. Through a partnership with Andrology Australia, a company would be able to communicate a strong message that it is an organisation that values people, and acknowledges the need to educate and change men’s attitudes towards their health.

The issues that we address affect men of all ages all year round. We gratefully acknowledge all benefactors who have helped us to extend our reach and expand our services.

Liz Rowell
Executive Officer



You can help

Andrology Australia relies on the support and goodwill of community groups, health professionals and individuals across the country to extend its reach and advance public awareness of men’s health. Government funding provides support for Andrology Australia’s core activities, but there is much more that needs to be done to achieve the National Male Health Policy’s aim to ‘improve the health of all males and achieve equal health outcomes for population groups of males at risk of poor health.’

You can help in one or more of the following practical ways:

Order resources

Andrology Australia resources are provided free of charge to individuals and organisations within Australia. Pass them on to partners, friends, and family members.

www.andrologyaustralia.org/order-resources

Subscribe

Stay informed about men’s health issues with Andrology Australia’s monthly e-bulletin **Male Briefs** and quarterly newsletter **The Healthy Male**.

www.andrologyaustralia.org/newsletter/

Run an event

No experience is necessary, just enthusiasm for promoting men’s health in your community. Andrology Australia’s Men’s Health Education Kit can guide you through the event planning process.

www.andrologyaustralia.org/mens-health-promotion/

Donate

Your support is essential in continuing the important work of Andrology Australia and improving the health and wellbeing of all Australian men and their families, from helping to maintain the Andrology Australia information line to supporting a strong research program in male reproductive health by helping to sponsor PhD students.

www.andrologyaustralia.org/donate

Spread the word

Get a conversation going. Follow us on Twitter @AndrologyAust, like us on Facebook, and tell your friends and family about Andrology Australia’s quality, evidence-based health information resources for Australian males.

www.andrologyaustralia.org/your-health/

2014

in summary

INCREASE IN WEBSITE VISITORS
82%

CONSUMER GUIDE BOOKLETS DISTRIBUTED
17,200

VIDEO VIEWS ON ANDROLOGY AUSTRALIA YOUTUBE CHANNEL
16,500

NEWSLETTERS DISTRIBUTED EACH QUARTER
16,000

THEMED HEALTH PROMOTION RESOURCES DISTRIBUTED IN SUPPORT OF INTERNATIONAL MEN'S HEALTH WEEK
40,000

VIEWS OF MEN'S HEALTH TOPICS ON WEBSITE IN 2014
439,900

- > Launched the twelfth clinical summary guide, **Engaging Aboriginal and Torres Strait Islander men in primary care settings**.
- > Held the 5th **Andrology Australia Forum** in Tasmania.
- > Established a new partnership with the **Australian Fertility Medicine Foundation (AFMF)** to conduct a new men's health research study.
- > Completed an evaluation of the **Men's Health Medical Curriculum Framework** in preparation for pilot testing in the medical schools of four Australian universities.
- > Commencement of studies at James Cook University by the sponsored PhD student.

Collaborations & Partnerships

Andrology Australia enters into strategic collaborations to extend its reach and to build on complementary work being done elsewhere. Such agreements improve knowledge sharing and build capacity for the improvement of men's health in Australia.



Australian Fertility Medicine Foundation

Andrology Australia is working in partnership with the Australian Fertility Medicine Foundation (AFMF) to plan a new research study aimed at finding out more about the fertility knowledge and health literacy of young Australian men (18–40 years), and how they seek help for fertility issues.

Cancer Australia

Andrology Australia continues to work with Cancer Australia to develop endorsed minimum data sets (the minimum set of data elements agreed for mandatory collection and reporting at a national level) for prostate cancer and testicular cancer. In 2014 the focus of attention was the pilot testing of a minimum data set for diagnosis and treatment of testicular cancer.

Cancer Council Australia and Prostate Cancer Foundation of Australia

Andrology Australia was a member of the working group, led by Cancer Council Australia and Prostate Cancer Foundation of Australia, to develop clinical practice guidelines on PSA testing and early management of test-detected prostate cancer.

Fertility Coalition

The Your Fertility Project is a collaboration between Andrology Australia, the Victorian Assisted Reproductive Treatment Authority (VARTA), Jean Hailes for Women's Health, and the Robinson Institute (University of Adelaide)

that develops and maintains a national public education campaign to raise awareness of the prevention and treatment of involuntary infertility.

James Cook University

Andrology Australia has an agreement with the James Cook University to administer the studies of the PhD candidate supported by the Andrology Australia scholarship for an Indigenous researcher to focus on Aboriginal and Torres Strait Islander male health research.

Movember

Andrology Australia is a member of the collaborative A Survivorship Action Partnership (ASAP) to improve outcomes of men diagnosed with prostate cancer.

Content partnerships

Andrology Australia is the content partner for 13 health topics on the popular Better Health Channel (Vic.) website. In 2014, Andrology Australia also provided expert review of men's health content for beyondblue and ABC Health Online.

Andrology Australia also continues to disseminate evidence-based material from other agencies, including **Hormones and Me: Klinefelter Syndrome** (produced by Sero Symposia International with the Australian Paediatric Endocrinology Group), and **Sex After Treatment** (produced by Cancer Council Queensland).

ORGANISATIONAL STRUCTURE

Andrology Australia is a unique 'centre without walls' that operates nationally and brings together expertise from across Australia to undertake collaborative programs to raise awareness of disorders of the male reproductive system and associated conditions. Andrology Australia is funded by a grant from the Australian Government Department of Health under the Health System Capacity Development Fund and is administered by the School of Public Health and Preventive Medicine, at Monash University, Victoria. Monash University is the legal entity for Andrology Australia.



Advisory Board



Mr David Crawford AO, Chairman (Vic.) 2013-

David is a former Partner and National Chairman of KPMG and is the current Chairman of Lend Lease Corporation Limited, a Director and Chairman of Australian Airports Corporation Limited. His past roles include Chairman of Foster's Group Limited, Chairman of National Foods Limited, Chairman of The Australian Ballet, a Director of BHP Billiton Limited, and a Director of Westpac Banking Corporation.



Professor Alexandra Barratt (NSW) 2013-

Alexandra is a Professor of Public Health in the School of Public Health, University of Sydney. She has led research projects in breast and prostate cancer screening over the last 20 years.



Professor David de Kretser AC (Vic.) 2011-

David was instrumental in establishing Andrology Australia, serving as inaugural Director from 1999 to 2006. He returned to Monash University after his term as the 28th Governor of Victoria in April 2006, a position he held until April 2011. He continues to serve on the Advisory Board and Management Group of Andrology Australia.



Professor RA 'Frank' Gardiner AM (Qld) 2005-

Frank is an academic urologist based at the University of Queensland Centre for Clinical Research at the Royal Brisbane and Women's Hospital and has adjunct titles at the Queensland Institute of Medical Research and Queensland University of Technology.



Professor David Handelsman (NSW) 2000-

David is Foundation Director of the ANZAC Research Institute and Department of Andrology at Concord Hospital and the University of Sydney. David is Australia's first Professor of Andrology and has long had interest in all aspects of male reproductive health, medicine and biology.



A/Professor Doug Lording (Vic.) 2000-

Doug is an Endocrinologist and Andrologist in private practice at Cabrini Hospital, Melbourne. Doug has a 30 year interest in sexual medicine and testosterone use in men, and is a national expert in erectile dysfunction.



David Parkin OAM (Vic.) 2013-

David is a former Australian Rules Footballer, a premiership captain and four time premiership coach, educator, commentator, consultant, and author. His academic achievements include developing and lecturing in the Sports Coaching Degree course at Deakin University.



Mr Geoff Walsh AO (Vic.) 2008-

Geoff is an advisor to the CEO of BHP Billiton after a career spanning politics, government and the media. He was National Secretary of the Australian Labor Party (2000-2003) and a senior advisor to Australian Prime Ministers Bob Hawke and Paul Keating, and to Victorian Premiers Steve Bracks and John Brumby.



Dr Ray Warner (Qld) 2013-

As a GP, Ray has worked as a locum in rural and remote regions of Western Australia, Tasmania and Queensland, and as medical officer to the Australian Indigenous Doctors' Association. He is currently enrolled in the Fellowship Chapter of Addiction Medicine (FACHM). Ray is proud of his family background in the Awabakal and Kamilaroi Nations of Lake Macquarie NSW and Mungundi Queensland.



Dr Alan Wright (WA) 2000-

With a significant interest in GP education in the area of men's health, Alan has worked in general practice in Western Australia since 1983. He is currently Chief Medical Officer of the PerthGP group.

Retired Members



A/Professor Mark Frydenberg (Vic.) 2000-2014



A/Professor Noel Hayman (Qld) 2003-2014

Management Group



Professor Robert I McLachlan (Director)

Rob is an NHMRC Principal Research Fellow at MIMR-PHI Institute of Medical Research and is Deputy Director of Endocrinology at the Monash Medical Centre. He specialises in the area of male reproductive medicine and has made significant contributions to research in endocrinology, infertility and andrology.



Dr Carol Holden (CEO)

Carol joined Andrology Australia at its inception in 2000 and has more than 20 years' experience in male reproductive health education and research.



Professor David de Kretser AC (Vic.)

David was instrumental in establishing Andrology Australia, serving as inaugural Director from 1999 to 2006. He returned to Monash University after his term as the 28th Governor of Victoria in April 2006, a position he held until April 2011. He continues to serve on the Advisory Board and Management Group of Andrology Australia.



A/Professor Doug Lording (Vic.)

Doug is an Endocrinologist and Andrologist in private practice at Cabrini Hospital, Melbourne. Doug has a 30 year interest in sexual medicine and testosterone use in men, and is a national expert in erectile dysfunction.



Professor Gail P Risbridger (Vic.)

Gail is Deputy Dean, Strategic Projects, Faculty Medicine Nursing & Health Sciences and Head, Prostate Cancer Research Program in the Department of Anatomy and Developmental Biology, Monash University.



A/Professor Peter Royce (Vic.)

Peter is Director of Urology, Alfred Hospital, Senior Consultant Urologic Surgeon at The Alfred and Cabrini Hospitals in Melbourne, and Adjunct Clinical Associate Professor, Department of Surgery, Monash University.



A/Professor Ben Smith (Vic.)

Ben is based at the School of Public Health and Preventive Medicine at Monash University. He brings 20 years experience in the design and evaluation of disease prevention and health promotion strategies, and an extensive history of research into health behaviours and their determinants.

Administrative staff

- Dr Carol Holden, CEO
- A/Professor Carolyn Allan, Medical Advisor
- Chris Anderson, Senior Project Officer
- Chesley Campbell-Juresko, Administrative Assistant
- Dr Veronica Collins, Scientific Writer
- Trevor Gosbell, PR & Communications Manager
- Yesmie Paldano, Administrative Assistant
- Taletha Rizio, Education Liaison Officer
- Liz Rowell, Executive Officer
- Wendy Thomas, Education Liaison Officer
- Kate Young, Scientific Reviewer

ANDROLOGY AUSTRALIA ASSOCIATES

Andrology Australia would like to acknowledge and thank all associates in 2014, including those listed elsewhere in these pages, for their contributions to the program, acting as educational facilitators at professional workshops, speaking at community events, reviewing drafted education material and/or acting as general advisors on relevant topics of men's health information:

- Professor John Aitken, University of Newcastle, NSW.
- Dr Sanjeev Bandi, Mackay Urology, Qld.
- Dr Andrew Beveridge, Ord Valley Aboriginal Health Service, WA.
- Dr Gideon Blecher, Western Health, Vic.
- Professor Suzanne Chambers, Griffith University, Qld.
- A/Professor Eric Chung, Princess Alexandra Hospital, Qld.
- Professor Judith Clements, Queensland University of Technology, QLD.
- A/Professor Ann Conway, Concord Repatriation General Hospital, NSW.
- Professor Peter Ebeling, Monash University, Vic.
- Mr David Elder, Southern Specialist Centre, SA.
- Dr Michael Gillman, Shore Street West Medical Centre, Qld.
- Mr Chris Gollan, Multicultural Health Communication Service, NSW.
- Dr Mathis Grossmann, Austin Health, Vic.
- Ms Zhihong Gu, Ethnic Communities Council of Queensland, Qld.
- A/Professor Dragan Ilic, Monash University, Vic.
- A/Professor Peter Illingworth, IVF Australia Pty Ltd, NSW.
- Dr Veena Jayadev, ANZAC Research Institute, NSW.
- Dr Phillip Katelaris, Prostate Cancer Rehabilitation Centre, NSW.
- Dr Darren Katz, Men's Health Melbourne, Vic.
- A/Professor Peter Liu, Woolcock Institute of Medical Research, NSW.
- Dr Greg Malone, Brisbane Urology Clinic, Qld.
- Professor Marita McCabe, Deakin University, Vic.
- Mr Brett McCann, Impotence Australia, NSW.
- Dr Anthony Morrow, Consultant Endocrinologist, NSW.
- Mr Gerry North, Impotence Australia, NSW.
- Professor Moira O'Bryan, Monash University, Vic.
- Emeritus Professor Doreen Rosenthal, Vic.
- Dr Ie-Wen Sim, Monash Health, Vic.
- A/Professor Sundram Sivamalai, Federation of Ethnic Communities' Councils of Australia, Vic.
- A/Professor James Smith, Charles Darwin University, NT.
- A/Professor Sanjiva Wijesinha, Monash University, Vic.
- Mr Peter Todaro, NSW Multicultural Health Communication Service, NSW.
- Dr Addie Wootten, Royal Melbourne Hospital, Vic.



Mission statement

Andrology Australia (The Australian Centre of Excellence in Male Reproductive Health) will undertake a program of activities that will enhance the reproductive health of males through community and professional education programs and building the evidence-base and research capacity in male reproductive health.



Andrology Australia

Andrology Australia (The Australian Centre of Excellence in Male Reproductive Health) is funded by the Australian Government Department of Health and is administered by the School of Public Health and Preventive Medicine at Monash University.

Andrology Australia was established in 2000 at the Monash Institute of Medical Research, with funding from the Australian Government Department of Health and Ageing.

The Andrology Australia program is a unique 'centre without walls' that operates nationally and brings together health and education experts from across Australia to develop collaborative strategies to raise the awareness of male reproductive health disorders and their associations with chronic disease.

Goals

The objectives of Andrology Australia are to:

- › Support the implementation of the National Male Health Policy
- › Build the evidence base on preventive health, health promotion and education needs in male reproductive health and associated conditions
- › Provide evidence-based health information and best practice guidelines on male reproductive health disorders to the public and professional communities
- › Enhance current and future workforce capacity in male reproductive health through the development and dissemination of education and training programs for health professionals
- › Develop collaborations and partnerships to maximise the use of financial resources to support the above objectives

Priority areas

The targeted areas of male reproductive health currently include:

- › Prostate disease including prostate cancer
- › Testicular cancer
- › Male infertility
- › Androgen use and misuse
- › Sexual dysfunction including erectile dysfunction

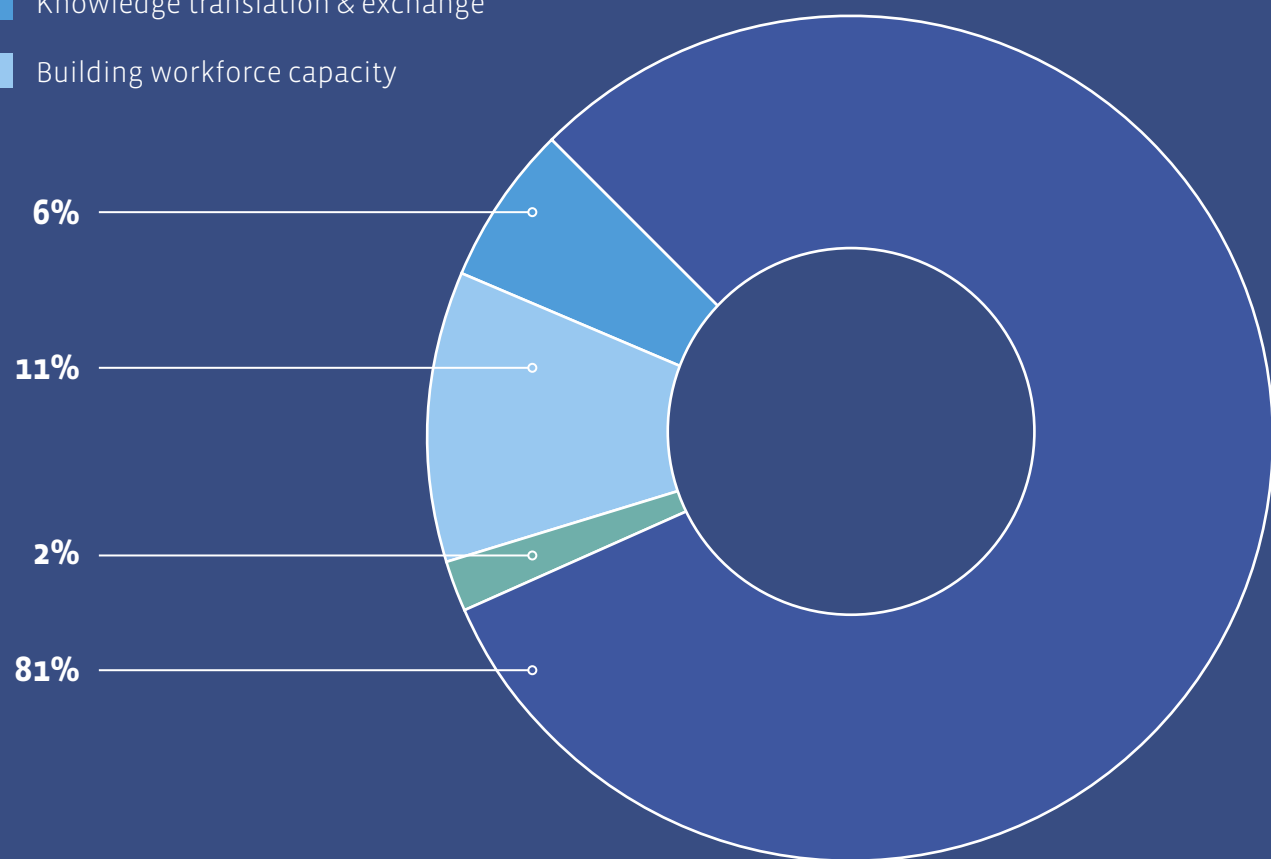
FINANCIAL REPORT

Funding from the Australian Government under the Health System Capacity Development Fund supports the Andrology Australia Project. The 2013-2014 financial year represents the second year of a three-year funding cycle (2012-2015) provided through this scheme. Continued funding allows maintenance of program activities that were established in previous funding cycles. Opportunities to diversify the income stream are also explored, with submission of proposals to trusts, foundations and other funding schemes.

Government funding of approximately \$1.3 million is directed to the maintenance of the support platform for the Project and three additional strategic areas as described in the Andrology Australia Project Plan, specifically building the evidence base in male reproductive health and associated conditions, knowledge translation and transfer for consumers and health professionals, and education and training to build workforce capacity in male health. The primary areas of expenditure relate to our core activities in the provision of community and professional information, education and training, and support for other organisations undertaking men's health activities.

Expenditure FY 2014

- Support platform
- Building the evidence-base
- Knowledge translation & exchange
- Building workforce capacity



The Andrology Australia Management Group and Advisory Board provide guidance and advice in the administration and monitoring of funding received for the Andrology Australia program. The Andrology Australia end of year financial statement is independently audited by RSM Bird Cameron (Vic).

DONATION FORM



Andrology Australia undertakes a program of activities that will enhance the reproductive health of males through community and professional education programs and building the evidence-base and research capacity in male reproductive health.

Donations to Andrology Australia contribute to our community, professional and research programs in men's health which will assist in improving the health and wellbeing of Australian men and their families. All Gifts of \$2 or more are tax-deductible.

The Australian Centre of Excellence in Male Health Administered through Monash University (ABN: 12 377 614 012)

Please find enclosed my donation of: \$ _____

OR, I would like to support the work of Andrology Australia with my donation of:

- \$50 to help maintain the Andrology Australia free information line
 - \$75 to provide a Men's Health Education Kit to a community organization
 - \$150 to help sponsor a PhD Student researching male reproductive health
- (All donations of \$2 or more are tax deductible)*

PAYMENT OPTIONS

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Please make payable to Monash University and attach this form when posting to the address below.

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Please let us know how you came to hear about Andrology Australia:

- Annual Gift Giving Campaign
- Andrology Australia Publication
- Andrology Australia website
- Community Event
- Friend or family
- Monash University Publication
- Social Media
- Other: _____

Cost Centre/Fund: M15004/3260422

www.andrologyaustralia.org.au

THANK
YOU



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